

<b>Category</b>	<b>Elderly women</b>	
<b>Location</b>	<b>Quetzaltenango</b>	
Year of foundation		
Number of permanent employees:	Nuns living at the house, and the nurses.	
Project description:	<p>This is a retirement home in Quetzaltenango where about 35 elderly women live permanently. The retirement home provides the women with several services, all free of charge, such as a place to live, meals, clothing, medical treatment and physiotherapy. But most of all, this is a place where the women have found their home, as some of them are abandoned by their family members.</p> <p>The home needs help in caring the women in their daily needs, such as bathing, feeding, and taking care of their personal hygiene.</p>	
Description of volunteer tasks:	<p>Volunteers are needed to assist with the recreational and cultural activities, and simple medical tasks such as measuring blood pressure and sugar level, administer medication or provide physiotherapy.</p> <p>The home receives volunteers from 7:00AM until 4:30PM, but most work is done in the morning.</p>	
Opening hours:	Always, but for volunteers from 7AM – 4:30PM	
Requirements:	Spanish level:	Basic
	Minimum time commitment:	1 week
	Work schedule:	Mornings every day (are more productive), afternoons more optional.
	Others:	
How to get to the project:	Volunteers can walk to the elderly house in about 45 minutes from the Parque Central. There also buses available, but this takes just as long (or longer). In bus, the ride is Q1.25 each ride (the volunteer pays for that).	
Closing dates of the project:	Open year round	
Lodging options:	Hotel, hostel or host family in Quetzaltenango. Prices can be found <a href="#">here</a> .	

Photo impressions

